

## Cheryl Arkison Bio

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Back when I started quilting it was practically unheard of for a 23 year old to do so, but there I was. Now, over 20 years later I haven't stopped. In addition to my own creative work, I love to teach, write books, spread the gospel of improv, and design quilts. Every now and then I make a garment, my Grade 8 Home Ec Teacher would be proud.

When it comes to making I am happy to make what inspires. I am well known for my use of bold colour and the quiet whispers of low volume fabrics but I will use anything in between as well. Use what you love, make what makes you happy. Just get your butt in the seat and sew.

In the past decade I've published three books: *Sunday Morning Quilts* (co-authored with Amanda Jean Nyberg), *A Month of Sunday*, and *You Inspire Me to Quilt*. I've also travelled the world to teach quilting. In between I am raising 3 active kids and running a business with my husband. Sometimes, I sleep.

