



Help, not the A word!!!

Millie Cumming 2021

5 reasons why I use freezer paper

1. my favourite appliqué technique
2. I can transform an image out of a piece of fabric, a phototransfer, or motif on a vintage linen into something ready to apply onto a quilt
3. especially to have images look as they will look finished, so that I can audition where they will go in the quilt.....

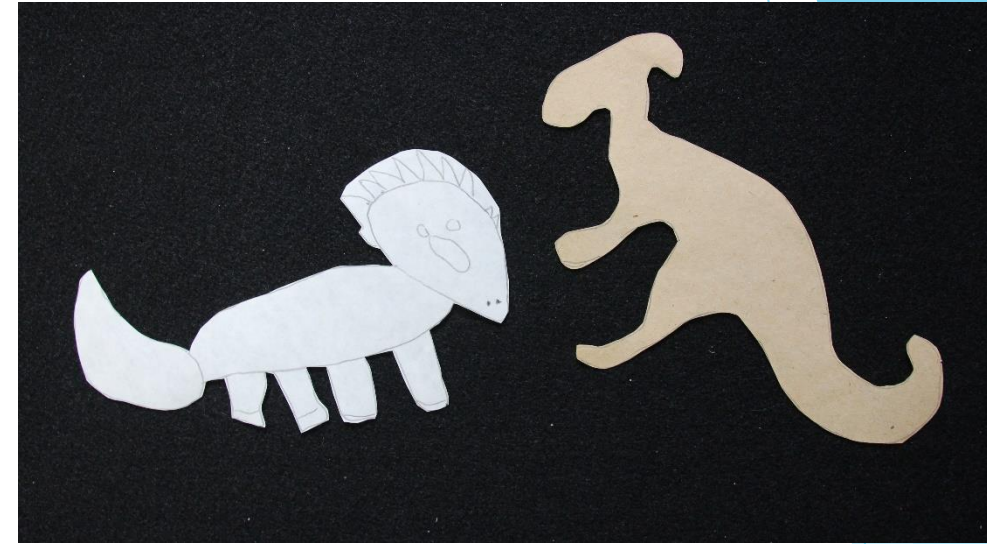
5 reasons why I use freezer paper (continued)

4. as a way to support the fabric for writing on for a label, or for painting or stencilling an image, or to prevent ink or paint from seeping through underneath

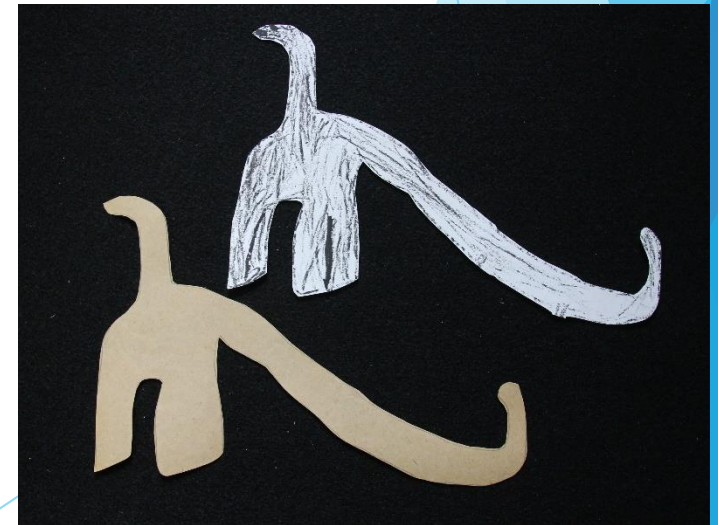
5. because I don't like sticky or smelly stuff like glue or spray, and I don't like the stiffness of fusibles

example of designing with appliqué

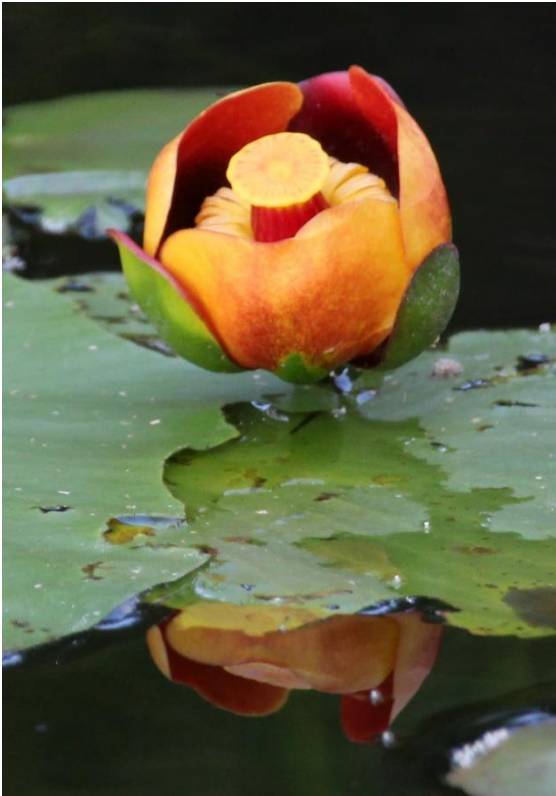
Cracked Ice, 1998



freezer paper
(the brown
butcher paper),
traced from my
son's drawings



example of designing with appliqué



original photo

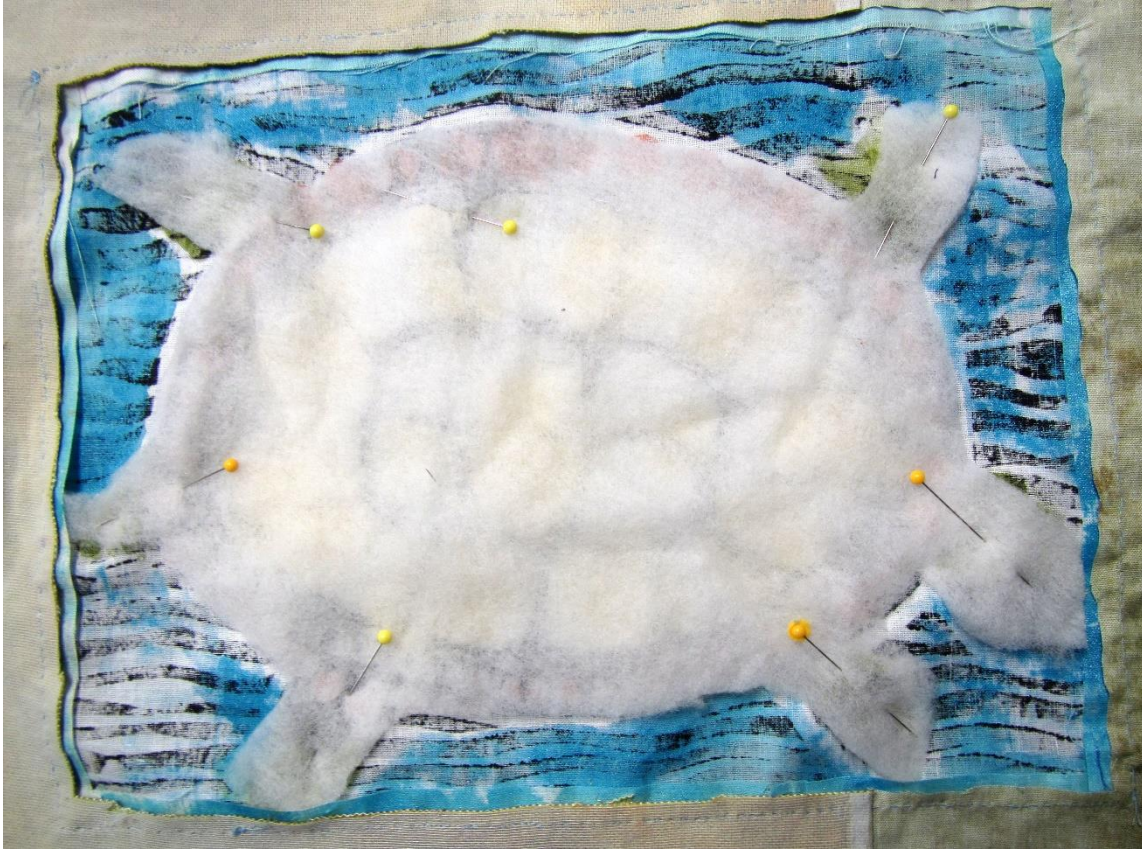


auditioning pieces with
edges turned over already

finished quilt

using freezer paper for labels





using a freezer paper template to
add batting for a trapunto effect

How do I use freezer paper in appliqué?

Note that you can still do hand appliqué , invisible machine appliqué, blanket-stitch hand or machine appliqué, or decorative-stitch appliqué.

(and also note, there is a lot to learn about how to appliqué that will not be covered in this demonstration !!!)

designing with appliqué

As an aside, there are different types of freezer-paper appliqué such as freezer paper on top and freezer paper left in while appliqueing; however, I am just going to demonstrate what I think is the easiest method.

Freezer paper : the basics



One box lasts for a long time (especially since you can reuse it several times). Keep all the bits because they can be useful too.

Freezer paper : the basics



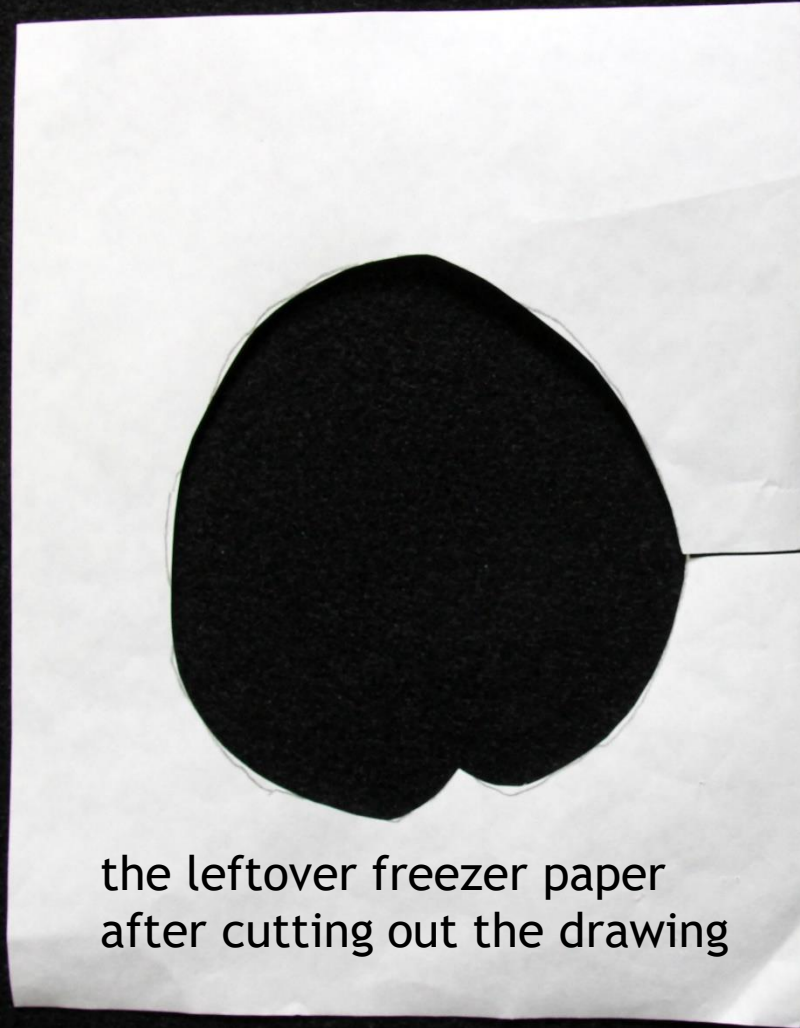
for a simple example of this method of freezer paper appliqué, I am using a very old, dried leaf.

Freezer paper : the basics

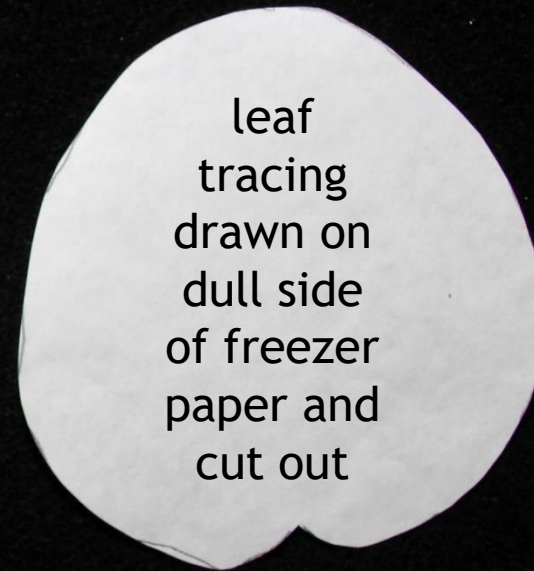


place leaf onto the non-shiny side of freezer paper and trace around the leaf, then cut on the drawn line.

Freezer paper : the basics

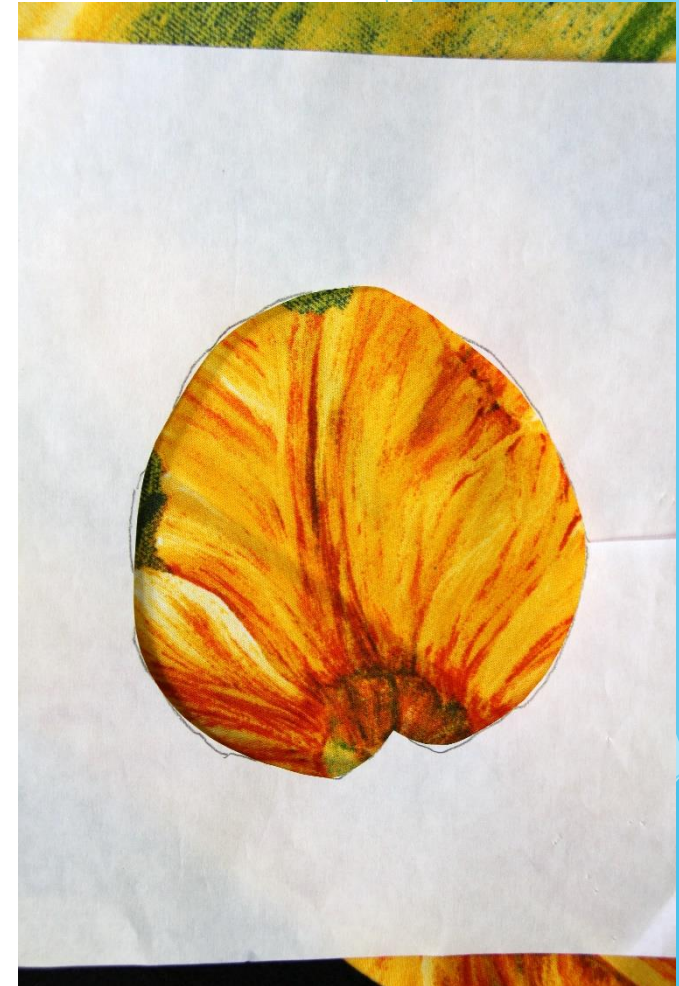
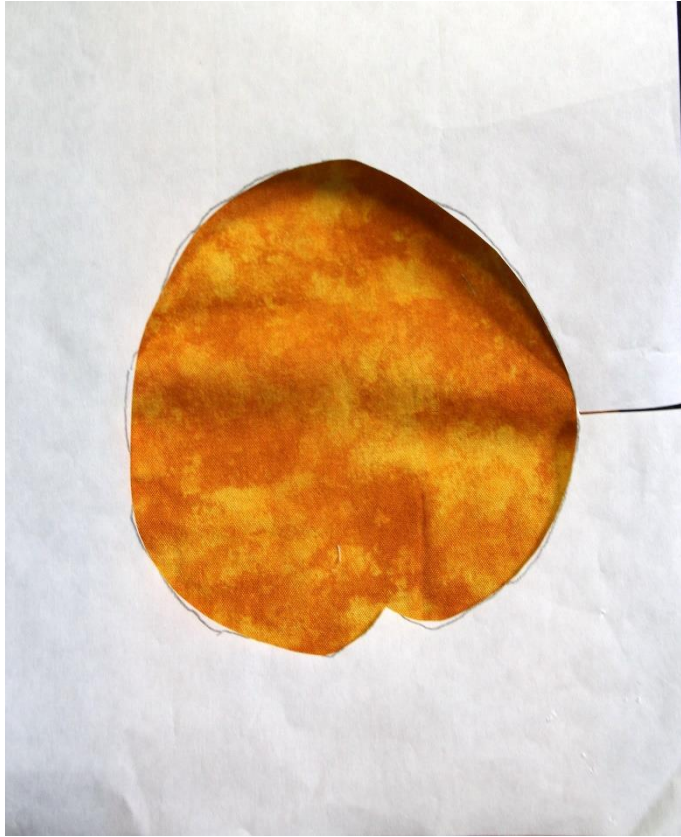


the leftover freezer paper
after cutting out the drawing



leaf
tracing
drawn on
dull side
of freezer
paper and
cut out

Freezer paper : the basics

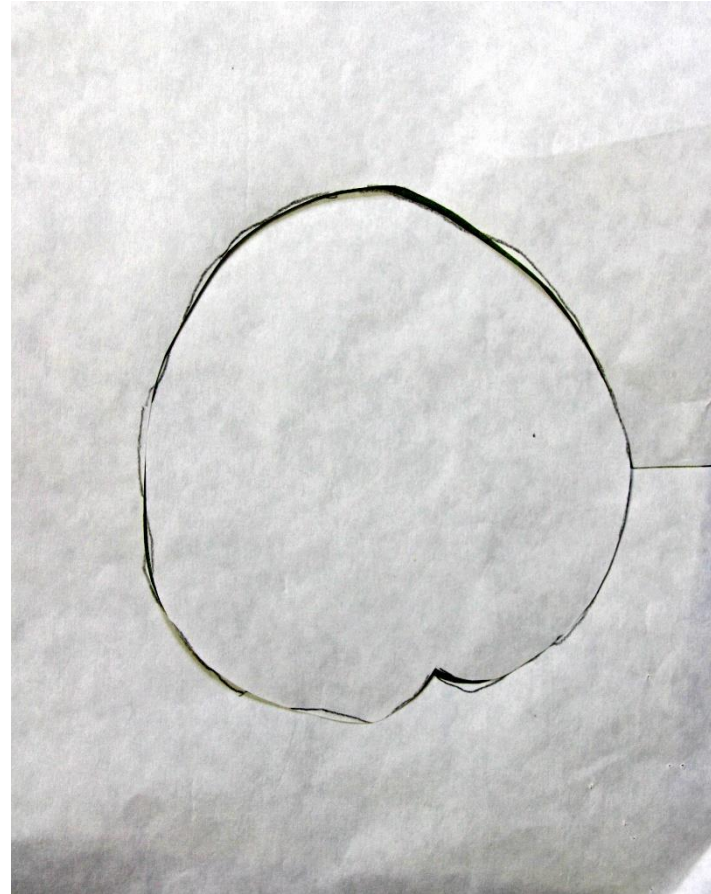


you can use the cut-out frame to audition on different fabrics

Freezer paper : the basics



this is the fabric I chose.



replace the template into the frame, and remove the frame



pin just to hold in place

Freezer paper : the basics



dry iron, best with a
good point



shiny side down onto good
side of fabric, press briefly
until the paper adheres

Freezer paper : the basics



Using fine sharp scissors, cut a scant $\frac{1}{4}$ " around the leaf pattern adhered to fabric (and you can clip into the v of the leaf); once you have cut out your leaf, gently peel the freezer paper off - now you are going to reverse the order of paper and fabric.

Freezer paper : the basics



front side of fabric down,
shiny side of freezer paper
up, several pins to keep
template in place.

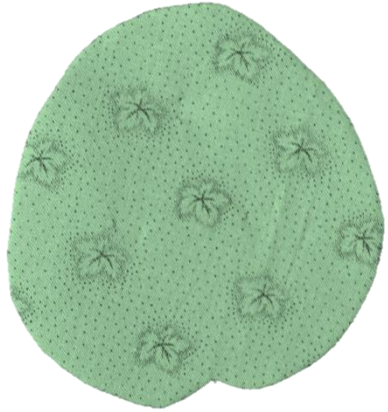


press the edges over the
freezer paper till the fabric
adheres to the freezer paper



now you can remove
the pins, and you can now
use this to audition where
place the leaf

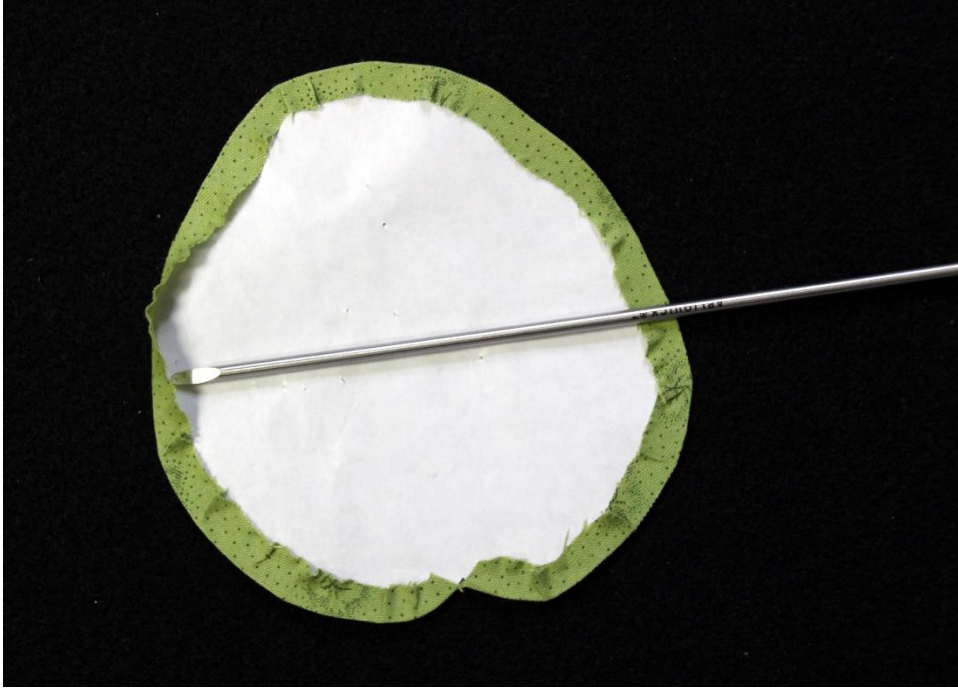
Freezer paper : the basics



now play
with where
you want to
place your
leaf.



Freezer paper : the basics



When you are ready to appliqué, gently peel the fabric edge off from the freezer paper.



the edges are turned, all ready to do either hand or machine appliqué

Freezer paper : the basics



pin your appliqué piece with straight pins or safety pins, and appliqué with the method of your choice:

- ? by hand?
- ? by invisible machine stitching?
- ? by blanket stitch?
- ? by decorative machine stitching?

**Good luck,
and enjoy
the process!**