

Hope Scrub Cap

Supplies Needed

100% cotton woven fabric

- 1/2 yard/meter makes 2 caps

1/4" or 3/8" elastic

- 3" for each cap

Cotton twill tape or bias tape (optional)

- 2 x 10" pieces

Thread



Both Styles

Pre-wash and iron all fabric.

Self-Fabric Ties Style

Cut 1 top piece, 1 band piece.

Added-On Ties Style

Cut 1 top piece, 1 band piece, 2 ties x 10" each.

Both Styles

Fold up bottom straight edge of round top piece 1/4" then 1/2" to make elastic channel. Iron.



Mark elastic at 3". Do not cut yet.



Both Styles

Insert elastic into channel at bottom of top piece, using a safety pin or bodkin. Remove pin/bodkin, line up elastic to edge of fabric. Sew in place.



Pull elastic through to 3" mark. Sew in place. Trim elastic.



Self-Fabric Ties Style

Fold flat side of band piece over 1/4", then 3/4" (as picture below). Iron and do not pin.

Added-On Ties Style

Fold ends of band piece over 1/4" and iron.

Fold flat side of band piece over 1/4", then 3/4". Iron and pin.



Insert twill tape 1/2" and pin.



Stitch all the way around the band. Reinforce twill tape.



Iron twill tape ends over and zig zag.



Both Styles

Mark the centre on both the top and band pieces, and pin together right side to right side.



Stitch top to band using **1/4" seam allowance**.

You could pin the band all the way around the round part of the top, but I prefer to start in the middle, stitch around to the end while holding it in place, flip, start in the middle and stitch around to the end. Don't forget to backstitch.



Optional: Serge around inside seam to finish edges.



Self-Fabric Ties Style

Stitch around fabric ties.

Clip corners.



Turn ties.



Both Styles

Top stitch all around cap, stitching the seam down (and to reinforce cap) on the band side.



Self-Fabric Ties Style

Re-iron fabric ties all the way around, if needed, and pin. Top stitch all the way around ties/band.



Stay home. Pray for those who can't. Sew hope. Stay the course.

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Print actual
size or 100%.
This square
should be 1".

Hope Scrub Cap

TOP - Cut 1



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For use to sew donated caps
only, not caps for sale.
Pattern not for resale.

↙ Cut to the edge of the page ↘

↑ Cut to the edge of the page

Cut on fold

Hope Scrub Cap

SIDE BAND - Cut 1 on fold




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Band fold line

To use bias tape or twill tape for ties, use this piece and add 10" ties. To use attached fabric bands, line up arrows to attach ties piece.



To use bias tape or twill tape for ties, omit this piece and add 10" ties.

To use attached fabric bands, line up arrows to side band piece.

FABRIC TIES - Attach to Side Band Piece

Hope Scrub Cap

Band fold line



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- Pre-wash and iron fabric before using

1/4" or 3/8" elastic

- 3" for each cap

Cotton twill tape or bias tape (optional)

- 2 x 10" pieces

Thread