

Flange Binding Technique

Source Information credited to :

Missouri Star Baby Quilt with Flange Binding: Easy Quilting Tutorial with Jenny Doan

This binding method is fun and very easy to do. If you want to see a video of the technique go to YouTube and type in the title **Missouri Star Baby Quilt with Flange Binding: Easy Quilting Tutorial with Jenny Doan**.

I have prepared a written set of instructions if you prefer that.

You need 2 fabrics in the amount needed to go around the quilt (length + width x 2) plus a bit extra for oopsies.

To make a 2.5" wide binding you need:

#1 Flange Fabric Cut strips 1 ¾" x width of fabric

#2 Binding Fabric Cut strips 1 ½" x width of fabric

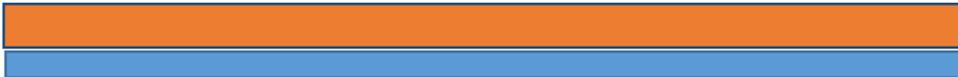
1. Sew the strips from set #1 together end to end with 45° as you normally would for binding.



2. Sew the strips from set #2 together end to end with 45° as you normally would for binding.



3. Press the seams as you usually do.
4. Join the strip of #1 fabric to the strip of #2 fabric along the length of the fabrics. Use a 2.0 stitch length.



5. Press toward the binding fabric along the full length. Press well.
6. Press again with the wrong sides together end to end. Your little flange will appear as you press. Press well so the crease is well set. I like to use a bit of steam at this stage.

Attaching to the Quilt

1. Attach the binding to back of the quilt. Place the binding fabric toward the back of the quilt. Your sashing fabric will be on top.
2. Use your walking foot (or even feed foot if you have one) and set the needle so you have an accurate ¼" seam allowance. Stitch around your quilt turning each corner as you normally would with a traditional binding.
3. Turn the binding the front of the quilt. The flange and binding appear in place.
4. Pin well, particularly at the corners.
5. Machine stitch in the ditch between the flange and the binding with a 2.0 stitch length, pivoting at each corner.

I like to use a 2" binding for my quilts which is a bit narrower than the one above. All the steps are the same. Just the measurements are different.

To make a 2" wide binding you need:

#1 Flange Fabric Cut strips 1 ½" x width of fabric

#2 Binding Fabric Cut strips 1 ¼" x width of fabric